Aerial Silks

Sunday, April 12th 11am-12pm

Always wanted to know what it is like to fly! Don't miss the hottest and newest way to workout while having fun! You will learn basic tricks, climb, wrap, and spiral your body while hanging from special silk fabric. Cost: $10

Limited Space - Register Today!
jpdc@sbcglobal.net

Jody Phillips DANCE COMPANY

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